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# INTERNSHIP 2021-22

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**Department of Foods and Nutrition**





Charutar Vidya Mandal's

## S. M. PATEL COLLEGE OF HOME SCIENCE

Affiliated to Sardar Patel University

Reaccredited NAAC B\*\* (2.99), College with Potential for Excellence(CPE-II)

FAMILY RESOURCE MANAGEMENT | FOODS AND NUTRITION | HUMAN DEVELOPMENT

TEXTILE AND CLOTHING | GENERAL HOME SCIENCE

PRINCIPAL : DR. BHAVANA Y. CHAUHAN

Mota Bazaar, Vallabh Vidyanagar-388 120,  
Dist. Anand, Gujarat, INDIA

Ph. +91 2692-230245

Email : [smpcollege1971@gmail.com](mailto:smpcollege1971@gmail.com)

Website : [www.smphomescience.edu.in](http://www.smphomescience.edu.in)

Ref.No.SMP/

Date :

### FOODS AND NUTRITION DEPARTMENT S.M.PATEL COLLEGE OF HOMESCIENCE REPORT OF INTERNSHIP ACADEMIC YEAR 2021-2022

The VI semester students of Foods and Nutrition department as a part of the syllabus had undergone training in various agencies with an aim to apply knowledge gained in field. In hospitals and NGO or in community.

This year we collaborated with various multispecialty hospitals, private hospitals and ICDS to train our students under their experts in field of dietetics and public health.

The training period is of 15 days and in this tenure the students get an exposure to the working of the hospital and ICDS centers get exposure to the working of the organization.

The students attended the following hospitals.

1. Shri Krishna Hospital, Karamsad.
2. Vijayratna Diabetes Diagnosis and Treatment center, Ahmedabad
3. Dhiraj Hospital, Sumandeep Vidyapeeth, Pipariya Taluka Vadodara.
4. Charusat Hospital, Changa.
5. Haria, L.G. rotary Hospital Vapi.
6. ICDS Bakrol Anganwadi.
7. ICDS Sangodpura Anganwadi.
8. Rhythm Hospital
9. ICDS centre Anganwadi Junagadh
10. DDM Hospital Nadiad.
11. Iris Hospital Anand
12. Zydus Hospital

Total number of students: 56

  
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### Internship List 2021-2022

SRNO	NAME	ORGANISATION	OUTCOMES
1	SaiyogiPanchal Dhwani .H .Patel Tulsi. R. Joshi Krupa. A.Patel Nupur.B.Patel Riddhi Padsala Riya Jadav Yashvi Bhimjiyani	Dhiraj Hospital, Piparia Vadodara	Observe patient counseling ,visit different department of hospital, kitchen, how to make diet charts for different diseases etc. observe all the records necessary for the hospital kitchen , interact with cooks and visit the patient when food is dispersed.
2	Krishna Patel DiyaM.Patel Anjali Pal Hani Patel Preksha Patel Megha Parmar Komal Baria	ManavRashmishchool,Anganwadi ,Sangodpura	Observe the working of ICDS at grassroot level and community work interact with the beneficiaries, demonstrate nutrient rich recipe, roleplays to promote sanitation , eating practices visit homes of the beneficiaries and help Anganwadi worker to execute work , check registers and take part in days celebrated by ICDS.
3	Spoorthy Sevalkumar Varisha Pathan Riya Patel TasneemDesarwala Zahira Palsaniya Arpita Patel	Shri Krishna Hospital Karamsad	Observe patient counseling ,visit different department of hospital, kitchen, how to make diet charts for different diseases etc. observe all the records necessary for the hospital kitchen , interact with cooks and visit the patient when food is dispersed.
4		IRIS hospital Anand	observe patient counselling ,visit different department of hospital, kitchen, how to make diet charts for different diseases etc
5	Urvashi Shah	Hariya Hospital, Vapi	observe patient counselling ,visit different department of hospital, kitchen, how to make

  
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Ref.No.SMP/

Date :

5	Urvashi Shah	Hariya Hospital, Vapi	observe patient counselling ,visit different department of hospital, kitchen, how to make  diet charts for different diseases etc
6	Kaksha A Patel Ekta H Joshi Bhumika Bharvad YashaPanchal	Charusat Hospital Changa	observe patient counselling ,visit different department of hospital, kitchen, how to make diet charts for different diseases etc
7	Khushi Patel Alisha Patel KairaviGandharva	Apollo Hospitals Ahemdabad	observe patient counselling ,visit different department of hospital, kitchen, how to make diet charts for different diseases etc
8	Hiral N Rathod	DDMM Heart institute, Nadiad	observe patient counselling ,visit different department of hospital, kitchen, how to make diet charts for different diseases etc
9	Rachna R Raval Roma D Vishwakarma KrupaliMakwana Dipali S Rathodv	DDMM Heart institute, Nadiad	-do-
10	Ekta Patel	RythemHospital,Anand	observe patient counselling ,visit different department of hospital, kitchen, how to make diet charts for different diseases etc
11	AemanVahora SaniyaVohra	Zydus hospital, Anand	Observe patient counseling ,visit different department of hospital, kitchen, how to make diet charts for different diseases etc. observe all the records necessary for the hospital kitchen , interact with cooks and visit the patient when food is dispersed.
12	Shreya Parmar Insiya Sadikot Reeya D Patel Riddhi Gohel	EkDishaFoundationNGO, Anand	Work with NGO in estimation of Anthropometry, see the working, learn to work in community ,interact with students, learn how to make modules

*Bdutan*

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13	Arpita N Maliwad Bhavika J Chandegara Janvi B Patel Prachi T Maheta Naisargi.L. Dodiya Minaxi Dfada Vibhuti V Mori Bhumika Bharwad Esha Patel Yatri P Patel	Reliance Anganwadi , Bakrol	Observe the working of ICDS at grassroot level and community work interact with the beneficiaries, demonstrate nutrient rich recipe, roleplays to promote sanitation , eating practices visit homes of the beneficiaries and help Anganwadi worker to execute work , check registers and take part in days celebrated by ICDS.
14	Roopal Kalatheeya	ICDS centre Anganwadi Junagadh	-do-

Incharge Faculty:

Dr. Bhavana Chauhan

Shazia Sharma

  
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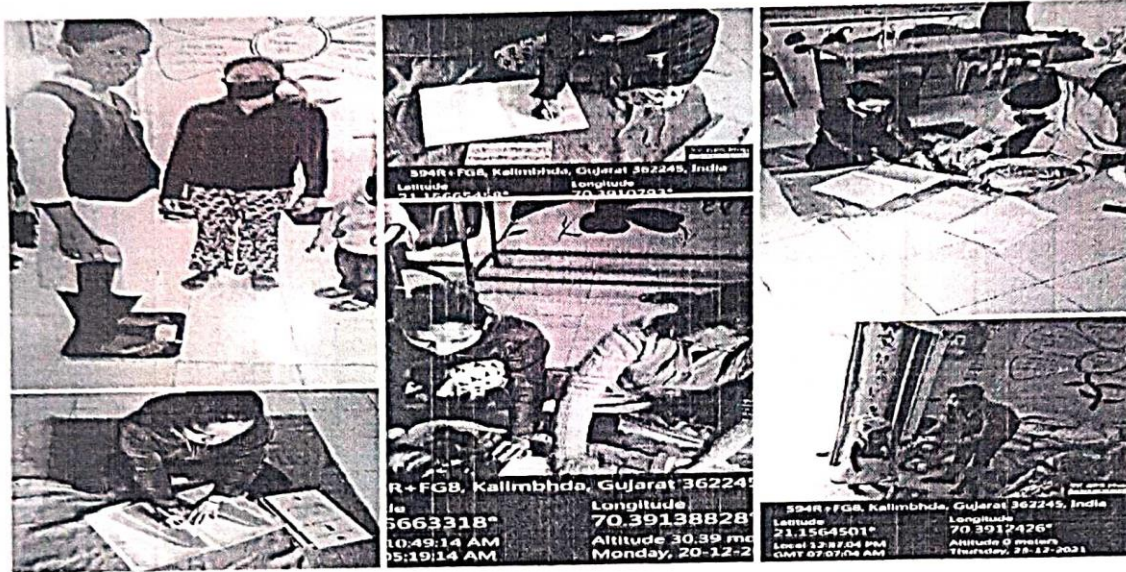
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*Bhavana Y. Chauhan*  
PRINCIPAL  
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**S.M.Patel College of Home Science**  
(A Charutar Vidyn Mandal Institute) Affiliated to Sardar Patel University  
**Foods and Nutrition Department**  
Assessment Sheet for Internship 2021-2022  
T.Y.B.Sc, VI Semester

Name of the Trainee: INSIYA SABIKOT

Name of the Training Institution: ECDEESHA FOUNDATION

Address: 01, AKASH AVENUE,  
JITODIYA,  
ANAND, GUJARAT

Duration: 15<sup>th</sup> Dec - 10<sup>th</sup> Feb 2022.

Please indicate your evaluation of the Trainee's Performance on each of the factors below by placing (number) at an appropriate scale:

Scale:

1	2	3	4	5
Excellent	Good	Average	Fair	Poor

1. Knowledge gained regarding Clinical assessment and diagnosis: —
2. Accuracy/thoroughness with Which work is accomplished: satisfactory.
3. Regularity /Punctuality of the Trainee: satisfactory
4. Co-operativeness with fellow Trainees and employees: very good.
5. Confirmation to personal Grooming (appropriate dressing): satisfactory.
6. Initialiveness in doing Work: very good.

7. Confirmation to sanitary Practices:

satisfactory

8. Confirmation to safety Practices:

satisfactory

9. Ability to complete work in time:

Average

10. Readiness to learn Ask questions:

satisfactory

11. Confirmation to Institution's Rules and norms:

satisfactory

12. Communication skills nutritional Counselling skills:

Average

13. Ability to build up report with supervisors:

Average

14. Response to the suggestions of supervisors:

Average

15. Ability to be systematic and well organised:

Satisfactory

Overall Assessment and general comments by dietitian

Satisfactory, She is always eager to learn and has performed well throughout tenure.

Dietitian  
(Name)

Dr. Ruchi Vaidya.

Designation

Sr. Scientific Officer.

Signature

Date:

R Vaidya  
13/02/22

Departmental  
Head  
(Name)

Signature

Date:

R Vaidya  
13/02/22



**Dhiraj Hospital**  
(1360 Bedded Super -Speciality Hospital)  
**Smt.B.K.Shah Medical Institute & Research Centre**  
At & P.O. Piparia, Ta. Waghodiya, Dist. Vadodara - 391760( Gujarat)  
Ph.No. 02668-245126

Date: 03/12/21

To,  
Ms. Shazia Sharma  
HOD,  
Department of Foods and Nutrition  
S.M. Patel College of Home science  
V V. Nagar (Gujarat).


Subject: Internship for T.Y Foods and Nutrition Students.

Ref. Your mail dated 29/11/21.  
Internship Programme

This is to inform you that following students of your institution have been permitted for 15 working days internship from 08<sup>th</sup>- 22<sup>nd</sup> December' 21 at Department of Clinical Nutrition and Dietetics, Dhiraj Hospital, Pipariya.

- 1 Saiyogi B. Panchal
- 2 Dhvani H. Patel
- 3 Tulsi R Joshi
- 4 Krupa A Patel
- 5 Nupur B Patel
- 6 Riddhi Padsala
- 7 Riya a Jadav
- 8 Yashvi Bimajayani

They are required to report to Dr. Sheetal Chhaya, Chief Dietician, Dhiraj Hospital.

  
Dr. Lavlesh Kumar,  
Medical Superintendent,  
Dhiraj Hospital

Copy To:

- 1) The Registrar SVDU
- 2) The Dean, SBKSMI & RC
- 3) Accounts Section, SVDU



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Ref No.SMP/ 420

Date 06/12/2021

To,

Ms.Jigna R Patel

Clinical Dietitian

Shri Krishna Hospital

Karamsad.

Subject: Regarding Internship

Dear Madam,

Greetings of the Day!

Kindly find enclosed the names of students for internship. The duration would be from 7 December 2021 to 21 st December 2021. I am enclosing their evaluation sheet and attendance register.

Kindly do the needful and oblige.

Regards,

(Sushma Batra)

### List of students:

1. Spoorthy Selvakumar, S - 9328839681
2. Varisha Khan Firozkhan Pathan- 9638707021
3. Riya Prakash Kumar Patel- 9429725514
4. Tasneem .M.Desarwala- 9979416674
5. Yashvi M.Yadav- 9327784630





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Email : smpcollege1971@gmail.com  
Website : www.smphomescience.edu.in

Ref.No.SMP/ 423

Date : 06/12/2021

To,  
Dr. Sheetal Chaya  
Clinical Dietitian  
Dhiraj Hospital,  
Vadodara

Subject: Regarding Internship

Dear Madam,

Greetings of the Day!

Kindly find enclosed the names of students for internship. The duration would be from 7 December 2021 to 21 st December 2021. I am enclosing their evaluation sheet and attendance register.

Kindly do the needful and oblige.

Regards,

(Sushma Batra)

I/C. PRINCIPAL

S. M. PATEL COLLEGE OF  
HOME SCIENCE  
V. V. NAGAR-388120

List of students:

- |                       |                      |
|-----------------------|----------------------|
| 1. Saiyogi B. Panchal | 7. Riya A Jadav      |
| 2. Dhvani H. Patel    | 8. Yashvi Bimajayani |
| 3. Tulsi R. Joshi     |                      |
| 4. Krupa A Patel      |                      |
| 5. Nupur B Patel      |                      |
| 6. Ridhhi Padsala     |                      |

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Ph.No. 02668-245126

To,  
Ms. Shazia Sharma  
HOD,  
Department of Foods and Nutrition  
S.M. Patel College of Home science  
V V. Nagar (Gujarat).

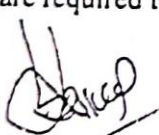
Date: 03/12/21

Subject: Internship for T.Y Foods and Nutrition Students.  
Ref. Your mail dated 29/11/21.  
Internship Programme

This is to inform you that following students of your institution have been permitted for 15 working days internship from 08<sup>th</sup>- 22<sup>nd</sup> December' 21 at Department of Clinical Nutrition and Dietetics, Dhiraj Hospital, Pipariya.

- 1 Saiyogi B. Panchal
- 2 Dhvani H. Patel
- 3 Tulsi R Joshi
- 4 Krupa A Patel
- 5 Nupur B Patel
- 6 Riddhi Padsala
- 7 Riya a Jadav
- 8 Yashvi Bimajayani

They are required to report to Dr. Sheetal Chhaya, Chief Dietician, Dhiraj Hospital.

  
**Dr. Lavlesh Kumar, MD**  
Medical Superintendent  
Dhiraj Hospital

Copy To:

- 1) The Registrar SVDU
- 2) The Dean, SBKSMI & RC
- 3) Accounts Section, SVDU



Batch		Month												Month		Month		Bat							
Roll No.	Name	7/12	8/12	9/12	10/12	11/12	12/12	1/13	2/13	3/13	4/13	5/13	6/13	7/13	8/13	9/13	10/13	11/13	12/13	1/14	2/14				Roll No.
	Panchal Sanyasi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P				
	Patel Kupa	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P				
	Patel Nupur	P	P	P	P	L	L	A	P	P	P	P	P	P	P	P	P	P	P	P	P				
	Patel Dhvani	P	P	P	P	P	P	P	P	P	P	P	P	P	A	P	A	P	P	P	P				
	Toshi Tulsi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P				
	Tadav Riya	A	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P				
	Vashvi Bhimgiyani	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P				
	Kiddhi Padgala	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P				



# DHIRAJ HOSPITAL

Serving Humanity

1360 BEDDED SUPER SPECIALITY HOSPITAL

Constituent of S.B.K.S. Medical Institute & Research Centre

DH/MO/1202/21

## Certificate of Completion

30/12/2021

This is to certify that the following students have completed two weeks internship at Department of Clinical Nutrition and Dietetics, Dhiraj Hospital from 8<sup>th</sup> December to 22<sup>nd</sup> December 2021.

During their period of training program with us, they were allotted duties in Therapeutic kitchen, General kitchen and Store in which we found them punctual, hardworking and inquisitive.

We appreciate their contribution in Hospital food services, patient's feedback and their willingness to learn new things. We found them fully committed to the work imparted with full devotion and skills.

### Name of students:

1. Saiyogi B. Panchal
2. Dhvani H. Patel
3. Tulsi R Joshi
4. Krupa A Patel
5. Nupur B Patel
6. Riddhi Padsala
7. Riya Jadhav
8. Yashvi Bimajayani

We wish them great success in their upcoming career.

*Chhaya.*

Dr. Sheetal Chhaya, RD  
Chief Dietician  
SRD/011/2012

*Dr. Lavish Kumar*  
Dr. Lavish Kumar  
Medical Superintendent  
DHIRAJ GENERAL HOSPITAL





Date: 26<sup>th</sup> Nov 2021

To,

The Principal  
The S. M. Patel College of Home Science  
Vidhyanagar

Sub: Internship for AHANI School Health Program in EcDEESHA Foundation

Respected Madam,

Our organization supports this project known as Adolescent Health and Nutrition Initiative (AHANI), which is a pan-India initiative with a mission to provide a platform for adolescents to gain knowledge and skills around healthy living and United Nation's sustainable development goals via peer support culture and leadership development. Under AHANI, we run a School Health Program which we are planning to initiate in government and private schools of Gujarat.

We would like to propose an internship for your TY Food and Nutrition students under this program. The students will get a platform for understanding adolescent nutrition and also on field experience to conduct nutrition assessment. They will be trained to plot WHO growth charts and prepare an excel sheet for data entry. I request you to provide 4 – 5 interested and motivated students for the internship period of 2 months. The students will be provided certificates for the same.

Please feel free to reach out to me at [ruchi.vaidya22@gmail.com](mailto:ruchi.vaidya22@gmail.com) for any further information or concerns.

Sincerely,

Dr Ruchi Vaidya  
Technical Program Incharge, AHANI School Health Program  
Chief Scientific Officer, EcDEESHA Foundation, Anand, Gujarat  
[www.EcDEESHA.org](http://www.EcDEESHA.org)







594R+FG8, Kalimbhda, Gujarat 362245, India

Latitude  
21.15659955°

Longitude  
70.39137669°

Local 01:07:02 PM  
GMT 07:37:02 AM

Altitude 21.95 meters  
Wednesday, 22 12 2021



594R+FG8, Kalimbhda, Gujarat 362245, India

Latitude

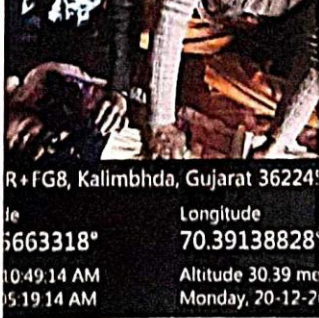
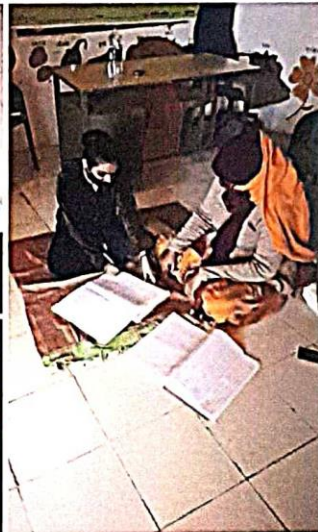
Longitude



594R+FG8, Kalimbhda, Gujarat 362245, India

Latitude  
21.15665458°

Longitude  
70.3910793°



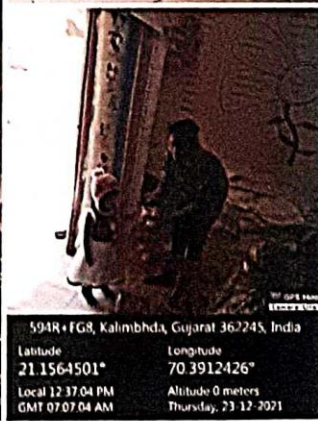
594R+FG8, Kalimbhda, Gujarat 362245, India

Latitude  
21.15663318°

Longitude  
70.39138828°

Local 10:49:14 AM  
15:19:14 AM

Altitude 30.39 meters  
Monday, 20-12-2021



594R+FG8, Kalimbhda, Gujarat 362245, India

Latitude  
21.1564501°

Longitude  
70.3912426°

Local 12:37:04 PM  
GMT 07:07:04 AM

Altitude 0 meters  
Thursday, 23 12 2021