

Annual Report 2023-24

Department of Human Development

[Extra-Curricular Activities]

S. M. PATEL COLLEGE OF HOME SCIENCE

A CHARUTAR VIDYA MANDAL INSTITUTE

RE-ACCREDITED BY NAAC 'B++'

COLLEGE WITH POTENTIAL FOR EXCELLENCE (CPE-II)

AFFILIATED TO SARDAR PATEL UNIVERSITY

VALLABH VIDYANAGAR

The Department focuses on the study of persons across the life span with emphasis on micro and macro level environment like the social, cultural, biological and psychological processes that influence the overall development of individual. The theoretical orientation equips the students with the basics of Human Development while practical exposure provide the basic knowledge for skill oriented jobs and they can work as family counsellor, clinical psychologist, child welfare officers and child care instructors. The department offers undergraduate courses on human development with the major objective of providing knowledge on scientific aspects of human growth and development.

**Educational Visit (Place: Jalarambapa Old Age Home Karamsad)
(23/08/2023)**

One day educational visit to Jalarambapa Old Age Home Karamsad was organized by Dr.Mittal Barot and, Human Development Department of Home Science on 23rd August 2023. S.Y. and T.Y HD students had attended. The visit helped the students to understand the life style and problems of old age people. Students shown different rooms and infrastructures of old age home. Dr. Vandana Modi, Ms Alpa Shapariya and Ms Mital Roy were support throughout the activity.









હોમ સાયન્સના હુમન ડેવલોપમેન્ટના વિદ્યાર્થીનીઓએ વૃદ્ધાશ્રમ ની મુલાકાત લીધી

આણંદ, તા. ૨૮
ચારુતર વિદ્યામંડળ સંચાલિત
હોમ સાયન્સના માનવ વિકાસ ના
વિભાગ દ્વારા એસવાયબીએસસી
અને ટીવાયબીએસસીના
વિદ્યાર્થીનીઓ માટે વિશ્વ વરિષ્ઠ
નાગરિક દિવસ ના માનમાં કરમસદ
ખાતે જલારામબાપા વિશ્વામ ગૃહની
વૃદ્ધાવસ્થાની મુલાકાતનું આયોજન ડૉ
ભાવના ચૌહાણના માર્ગદર્શન હેઠળ
હુમન ડેવલોપમેન્ટના ઈન્ચાર્જ ડૉ
મિતલ બારોટ દ્વારા કરવામાં આવ્યું
હતું. જેમાં ડૉ. નિધી ગુપ્તા, ડૉ. વંદના
મોદી અને મિસ અલ્પા સાપરિયા નો
સહયોગ સાંભળ્યો



હતો. વિદ્યાર્થીનીઓ દ્વારા વૃદ્ધો માટે
અંતાક્ષરી તેમજ વિવિધ રમતોનું
આયોજન પણ કર્યું હતું
વિદ્યાર્થીનીઓએ વૃદ્ધાશ્રમ તેમજ
પોતાના ઘરે પણ ઘરડા માતા-પિતા
તેમજ દાદા-દાદી સાથે વાર્તાલાપ

કર્યો. વૃદ્ધ માતા પિતા એક ભાર નહીં
પરંતુ માતા પિતા અને બાળકોના
વચ્ચેના સંબંધો ના સંકટ સમયની
સાંકળ છે. ભવિષ્યમાં માતા પિતાને
વૃદ્ધાવસ્થામાં નહીં મૂકવાના સોગંદ
લીધા હતા.

Rakshabandhan Celebration 29-08- 2023

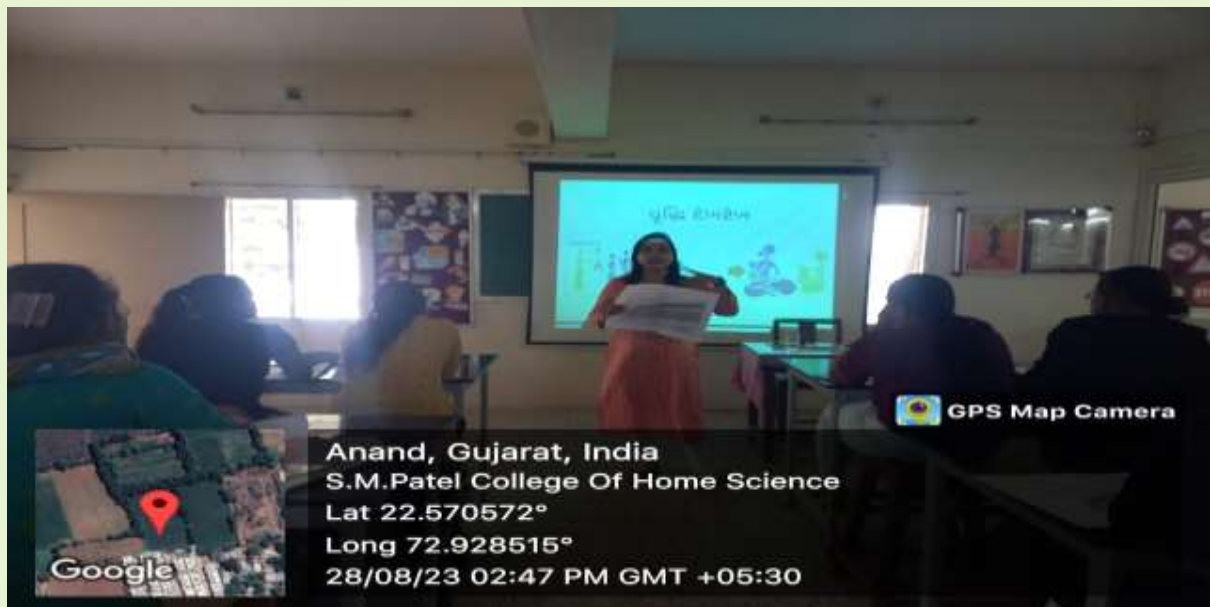
Raksha Bandhan was celebrated on 29-08- 2023 at Zaverba Nursery School. Nursery School teacher Saraswati Parmar started the program with a prayer. Then the importance of Rakhi was explained to the children. Dr. Mittal Barot, Head of the HD Department gave guidance on planning the celebration. The celebration was held by the kindergarten children and the TY students. Human Development students also tied rakhi and gave gifts to the balwadi students. Dr. Vandana Modi, Ms. Alpa Sapariya Ms. Mital Roy and Administrative staff were also present and participated in the Raksha Bandhan celebrations. After that, everyone left by giving chocolates to the children with the blessing of Dr. Mittal madam.



Workshop on Growth Monitoring 28/08/2023

Workshop was organized for first year Major and Minor students for understanding the process of Growth Monitoring and the workshop was organised under the guidance of Dr. Mittal Barot and students got opportunity to learn about growth chart. Ms Disha Upadhyay, the Freelancer was invited as a resource person for the workshop. Total 45 students were participated in the workshop. Dr. Vandana Modi, Ms Alpa Shapariya and Ms Mital Roy were also provided assistance for the successful completion of the workshop.





વિધાનગર હોમ સાયન્સ કોલેજમાં ગ્રોથ મોનિટરિંગ વર્કશોપ



આણંદ, તા.૧૩

એસ.એમ. પટેલ કોલેજ ઓફ હોમ સાયન્સ ખાતે માનવ વિકાસના વિભાગ દ્વારા એફવાય બીએસસીની વિદ્યાર્થીનીઓ માટે વર્કશોપનું આયોજન કરવામાં આવ્યું હતું.

આ વર્કશોપમાં વિષય નિષ્ણાત દિશા ઉપાધ્યાયે ગ્રોથ મોનિટરિંગ ઉપર ચર્ચા કરી, વૃદ્ધિની દેખરેખ વિશે સમજાવ્યું હતું અને શ્રોજ

ચાર્ટ પર પ્લોટ કરવું અને વાલીને બાળકની વૃદ્ધિ વિશે માર્ગદર્શન આપવાની સમજ આપી હતી.

કાર્યક્રમનું આયોજન કોલેજના આચાર્ય ડો.ભાવના ચૌહાણના માર્ગદર્શન હેઠળ હુમન ડેવલપમેન્ટના ઈન્ચાર્જ ડો.મિતલ બારોટ તથા ડો.વંદના મોદી દ્વારા કરવામાં આવ્યું હતું.

Guest Lecture (28/08/2023)

A guest lecture was organized by Dr. Mittal Barot, on 23/08/2023 for the second and third year students of the Department of human development. 27 students along with four faculty members attended the lecture. The lecture was taken by a Dr. Shital Patel Child Care and Export in London. Madam explains different job scope in Human Development in abroad like as a counsellor, teacher, speech therapist, Child Care Export etc. Our students were immensely benefited through his lecture as few of them are planning of abroad and entrepreneurial start-ups. Dr. Vandana Modi, Ms Alpa Shapariya and Ms Mital Roy were attended the lecture.







Janmashtami Celebration 6/09/2023

Janmashtami Celebration was celebrated in Zewarba Nursery School affiliated with the HD Department in S.M Patel College of Home Science. Principal Dr. Bhavana Chauhan, Balwadi in charge Dr. Mittal Barot and guided the children for the entire celebration by Dahi Handi and aarti to Lord Krishna. Dr.Mittal Barot told the importance of Dahi Handi according to the Sanatan Sanskriti and told the story of Lord Krishna.. Prasad was distributed after the function to the children. Dr. Vandana Modi, Ms. Saraswati Parmar, Ms Alpa Shapariya and Ms Mital Roy provided support to those function.



**Educational Visit (Place: Anand Balwadi – Pragyanthirth, Anoopam Mission Mogri)
13/09/2023**

An educational trip was organized by Dr. Mittal Barot where total 28 no. of students of second and third year human development visited Anand Balwadi – Pragyanthirth, Anoopam Mission Mogri. The visit helped the students to understand the teaching learning system and functioning for normal and disabled students. Students were shown different nursery, Junior and senior KG classroom, vocational training room, equipment and their lifestyle at that school and all faculty of human development department. Anand Balwadi Principal's Ms. Pratibha Pauranik explain curriculum of normal and disabled children and how to prepare checklist etc. Occupational therapy, dark room, IP room and physiotherapy room for children have been made in that school. And there is also a therapist for the children. Thus there education is given to mentally retarded children. Dr. Vandana Modi. Ms Alpa Shapariya and Ms Mital Roy provided support to those students during the visit.







Packed Millet Lunch for Preschool children

14/09/2023

Department of Human Development had organized a competition for Balwadi parents and college students on packed millet lunch, held on 14th September in collaboration with Foods and Nutrition Department on “Packed Millet lunch for Preschool Children”. The Principal, Dr. Bhavana Chauhan appreciated all the participants. This programme was successful under the guidance of Dr. Mittal Barot, Dr. Vandana Modi. This program was based on community health aspect.

Mrs. Nidhi ICDS coordinator were invited as the Judges for the event. Ms. Alpa Shapariya, Ms. Mital Roy and Ms. Saraswati Parmar had provided support during the competition. All had participated enthusiastically.

Ms. Saziya Sharma, Dr. Minal Chauhan, Dr. Tanvi Makwana, other faculties and admin staff and Zaverba Nursery school parents visited and motivated all the participants. Winners were Margi Patel held 1st position, Riddhi Machhi held 2nd position, Priyal Parmar held 3rd position.





Visit of Anganwadi Centre

16/09/2023

Students of first year Minor HD students visited Anganwadi at Kaliyan society Karamsad. Total 30 students visited the centres. The visit helped the students to understand the teaching learning system and functioning for Anganwadi center like how to measure child height, weight, arm circumference and head circumferences. They also came to know different types of food packet were distributed by Anganwadi to children, adolescent girls, pregnant women and lactating mothers. Dr. Mittal Barot and Ms. Alpa Shapariya provided guidance to students. Dr. Vandana Modi helped them.



Ganesh Chaturthi

18-09-2023

Ganesh Chaturthi was celebrated in Zewarba Nursery School affiliated with the HD Department in S.M Patel College of Home Science on 18-09-2023 the children and students of the HD department made an eco-friendly Ganesha and installed it. Principal Dr. Bhavana Chauhan, Balwadi in charge Dr. Mittal Barot and guided the children for the entire celebration by offering aarti to Lord Ganesha. Dr.Mittal Barot told the importance of aarti according to the Sanatan Sanskriti and told the story of Lord Ganesha. Aarti of Lord Ganesh benefited children, staff, and college students. Ladu Prasad was distributed after the function to the children.





World Disable Day 3/12/2023

Ms. Pratibha Pauranik and Dr. Mittal Barot guided the students for world disable day. Mitra rehabilitation center and TY HD students were participated in the rally.



Short Term Course

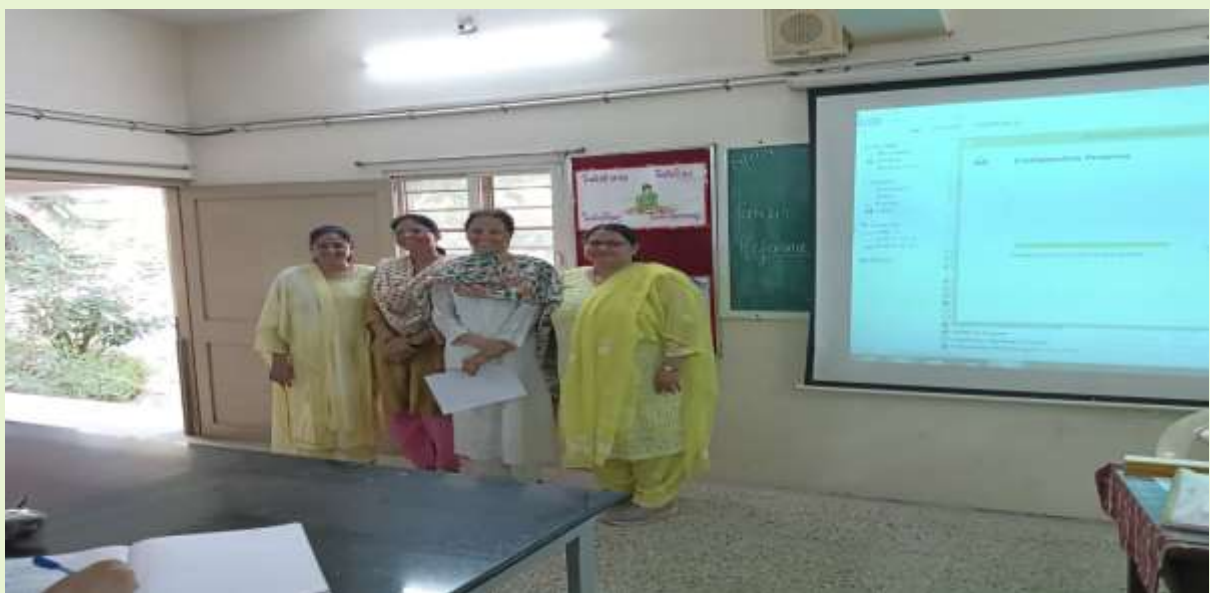
8 to 11 January, 2024

Human Development Department had organized a Short term course on “Morden Artistry and Learning for Life Competencies” Dr. Mittal Barot organized short term 30 hours course for F.Y, S.Y. and T.Y. human development students. The Principal, Dr. Bhavana Chauhan encouraged students and also mentioned that you got to learn this short term course at a very nominal price, Your madam has worked hard to find out the resources..

The short term course was facilitated by Ms. Hiral Shah, Ms. Dolly Mohey, Ms. Niyati Barot, Mr. Hardik Makwana (ITC) Mogri, Ms. Vijaya Agrawal and Ms. Kalpana Srivastava. Total 45 students participated in the workshop. Dr. Vandana Modi and Ms. Alpa Shapariya and Ms. Mital Roy, students got opportunity to learn Resin Art, Photo Frame, Name Plate, Lipan Art, Mirror work, T- Shirt printing, Mug and Hanky printing, How to write Resume and Job application and E – Certificate Table manners and room arrangement. Ms. Alpa

Shapariya and Ms Mital Roy have also provided assistance for the successful completion of the short term course.













Educational Visit (Place Krishna Hospital- (Neonatal care and Maternity Home) Karamsad

6 and 10 February 2024

One day educational visit to Krishna Hospital – Karamsad was organized by Dr.Mittal Barot and Dr. Vandana Modi, Human Development Department of Home Science on 6 and 19 February 2024 . Dr. Dipen Patel guided those students. F.Y. Majo, Minor and S.Y. HD students had attended. Students visited different places such as Incubator room, General OPD for children and women. This is the place where treatment is given to Neonate, Infants and pregnant women . Neonates were admitted at the hospital and the doctor explained about the physical appearance of low-birth weight babies.







**Script Writing Competition:
23/02/204**

Script writing competition was organized by Dr. Mittal Barot on the occasion of International women's Day, is a day celebrate the achievement of women and to renew our commitment to gender equality and women's empowerment. This year, the global theme is "Invest in Women: Accelerate progress. The Principal, Dr. Bhavana Chauhan encouraged the students for their participation. 30 students from F. Y, S.Y. and T.Y. HD have participated in that competition. Mrs. Nayana Patel, CVM higher secondary school and Ms. Alpa Shapariya, Alumni of the college were invited as the Judges in which 3 were winners declared. Dr. Vandana Modi and Ms. Mital Roy encouraged students for the active participation.

Thank You!