

Annual Report 2021-22

Department of Family Resource Management

Extra-Curricular Activities

S. M. Patel College of Home Science

A CHARUTAR VIDYA MANDAL INSTITUTE

RE-ACCREDITED BY NAAC 'B++'

COLLEGE WITH POTENTIAL FOR EXCELLENCE (CPE-II)

AFFILIATED TO SARDARPATEL UNIVERSITY

VALLABH VIDYANAGAR

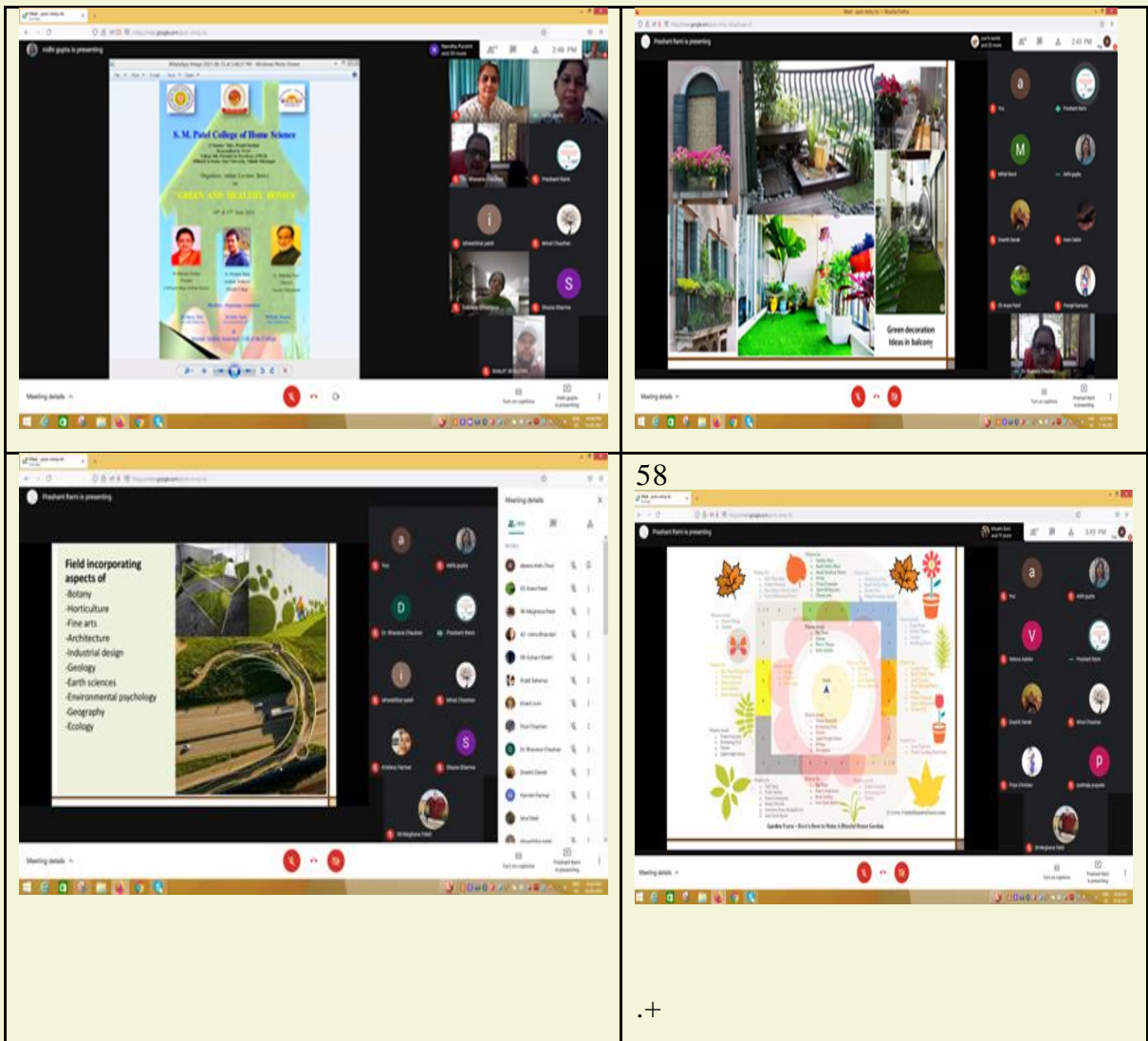
ACADEMIC YEAR 2021-22

- 1. Tree Plantation** was done under Eco club of Family resource management department while celebrating environment day on 5th June 2021. Planting trees is the best thing we can do to the environment in the present times. Trees are one of the greatest sources of oxygen on earth and absorb the excess of CO₂ in the air and release back oxygen. They also help in cleaning the air by absorbing various toxic elements from it. As the quality of air is falling significantly in various cities due to ever-increasing pollution tree plantation is the best activity followed every year by our college. The college not only plants the tree but makes sure to take care of it regularly.



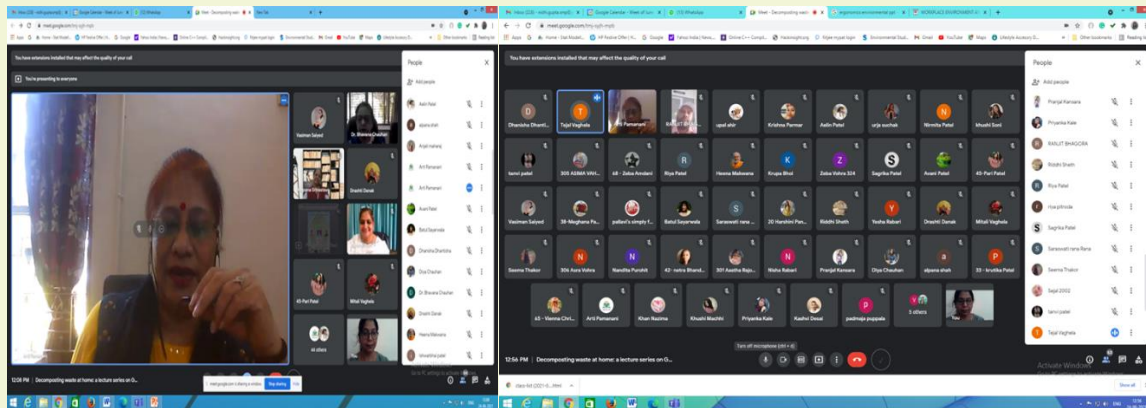
2. A talk on “**Landscaping and Indoor Plants**” was organized on 16-06-2021 from 2.30pm to 4.15pm. The lecture series started with prayer, followed by introduction of the speaker Mr. Prashant Rami and principal Dr. Bhavana Chauhan. Ms. Alpana Shah oriented participants with the objectives of the lecture series and our Indian culture and the indoor and outdoor plants. Dr. Bhavana Chauhan talked about the importance and role of the indoor and outdoor plants in human life, they being physical and mental healers, stress reducers, air purifier etc. Later on Mr. Rami briefed participants about some important and commonly available indoor plants, their benefits. He also talked about the arrangement of these plants in house and the science behind it. Dr. Nidhi Gupta anchored the whole event.

The members of the organizing committee were Ms. Alpana Shah, Dr. Nidhi Gupta, Mr. Ranjit Bhagora.

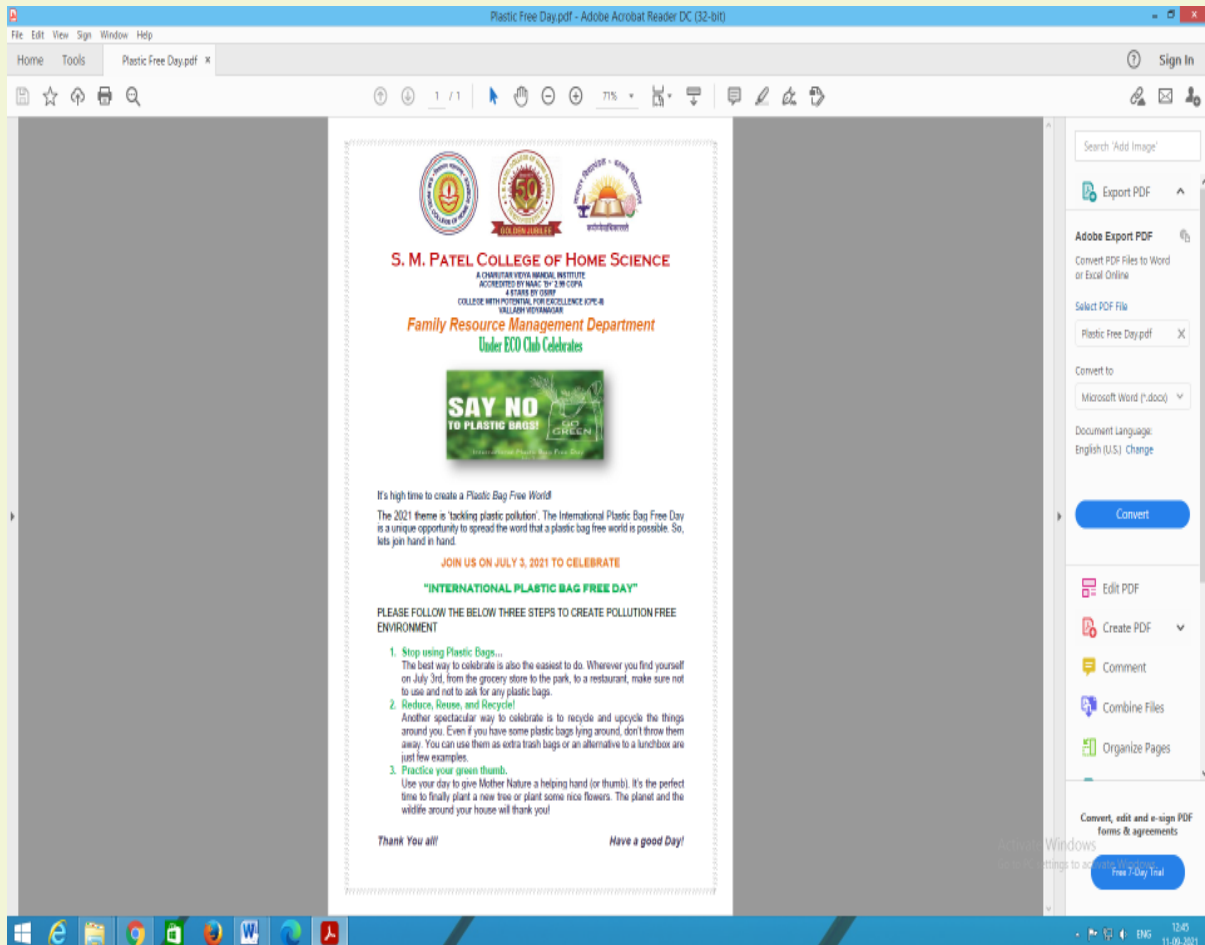


3. S.M.Patel college of Home Science organized a talk on **“Decomposing Waste at Home”**, on 24-06-2021 from 11.45 to 1.00pm. Dr. Arti Pamnani, an environmental engineer and professor with B and B polytechnic was invited as resource person. Dr. Nidhi Gupta introduced the speaker to the participants, followed by orientation of aim of selecting the above said topic by Ms. Alpana Shah. Dr. Bhavana Chauhan informed participants about the household waste generation, its type and small tips to reduce waste generation in home. Dr. Pamnani talked about the type and categories of household waste, emphasizing the solid waste and food waste. Later on, she suggested simple steps to convert the waste into manure and some tips of recycling and reusing the food waste. Mr. Ranjit Bhagora delivered vote of thanks at the end of talk.

The members of the organizing committee were Ms. Alpana Shah, Dr. Nidhi Gupta, Mr. Ranjit Bhagora. The event was organized in collaboration with IQAC coordinators Ms. Kalpana Srivastava and Ms. Vijaya Agarwal.



4. The department of Family Resource Management celebrates the “**International Plastic Bag Free Day**” on 3rd July 2021 by preparing a digital poster and posting on various social media platforms like WhatsApp, Facebook for generating awareness to make the environment pollution free and requested the students to use jute/cloth bags instead of disposable plastic bags.



5. A guest lecture by Mr. Palak Shah, Financial advisor in Step up investments was organized on **Saving V/S Investment: A Roadmap to Your Financial Security** on 14th September 2021. He talked about various modes of saving and investment and current trends in investment like Shares, Mutual funds, Systematic Investment Plans, Equity, Bonds etc. Mr. Palak also insisted the students to start practicing the current modes of secure investments like SIP's and mutual funds in small amount from their pocket money which can yield handsome amount in their later life.

હોમ સાયન્સ કોલેજમાં 'સેવિંગ વર્સ ઇન્વેસ્ટમેન્ટ' વિષયે વ્યાખ્યાન

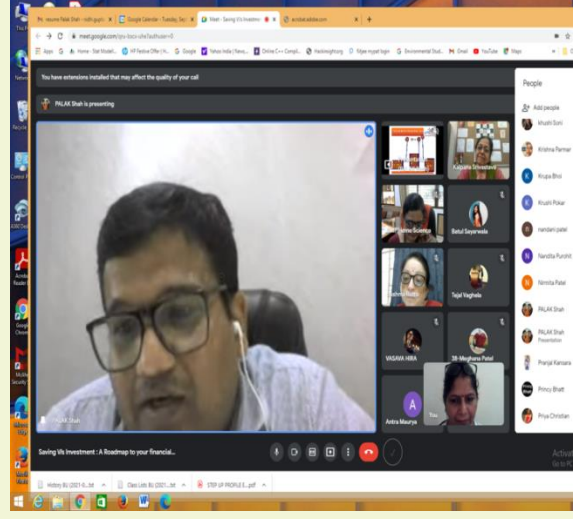
આણંદ, તા. ૨૫

આરૂંતર વિદ્યામંડળ સંચાલિત એસ. એમ. પટેલ કોલેજ ઓફ હોમ સાયન્સના ફેમિલી રિસોર્સ મેનેજમેન્ટ વિભાગ દ્વારા દ્વિતીય વર્ષની વિદ્યાર્થીનીઓ માટે 'સેવિંગ વર્સ ઇન્વેસ્ટમેન્ટ' નાણાકીય સુરક્ષા અને માર્ગદર્શન પર નાણાકીય સલાહકાર પલક શાહના અતિથિ વ્યાખ્યાનનું આયોજન કરવામાં આવ્યું હતું તેમણે શેર્સ મ્યુચ્યુઅલ ફંડસ રોકાણ યોજનાઓ ઈક્વિટી, બોન્ડ્સ વગેરેની ચર્ચા કરી હતી.

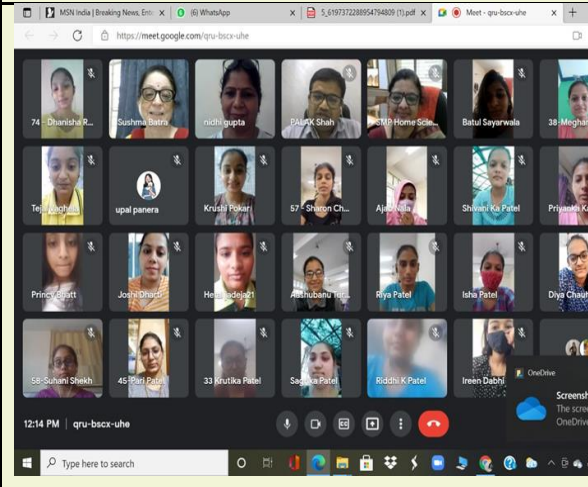
પલક શાહે વિદ્યાર્થીઓને તેમના પોકેટ મનીની નાની રકમમાંથી એસઆઈપી અને મ્યુચ્યુઅલ ફંડ જેવા સુરક્ષિત રોકાણમાં અત્યંત રોકાણ શરૂ કરવાનો આગ્રહ કર્યો હતો.

જેમાંથી ભવિષ્યમાં ખૂબી રકમ મેળવી શકે છે. આ કોલેજના વિદ્યાર્થીનીઓ અભ્યાપકો ઉપસ્થિત રહ્યા હતા. આ કાર્યક્રમનું આયોજન ડો. યોહાણના માર્ગદર્શનના અંતર્ગત એફઆરએમ ડિપાર્ટમેન્ટના ગુપ્તા તેમજ કલ્યાણ શ્રીવાસ્તવ કરવામાં આવ્યું હતું.

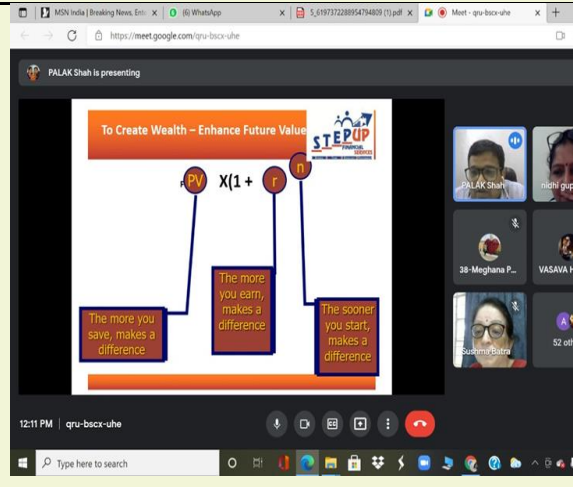
એફઆરએમ વિભાગના અધ્યાપકો તેમજ અન્ય વિદ્યાર્થીઓ ઉપસ્થિત રહી વિદ્યાર્થીઓને પ્રોત્સાહન પુરૂ પાડ્યું હતું.



The screenshot shows a Zoom meeting in progress. Mr. Palak Shah is the main speaker, and several other participants are visible in a grid on the right. The meeting title is "Saving Vs Investment - A Roadmap to your financial...".

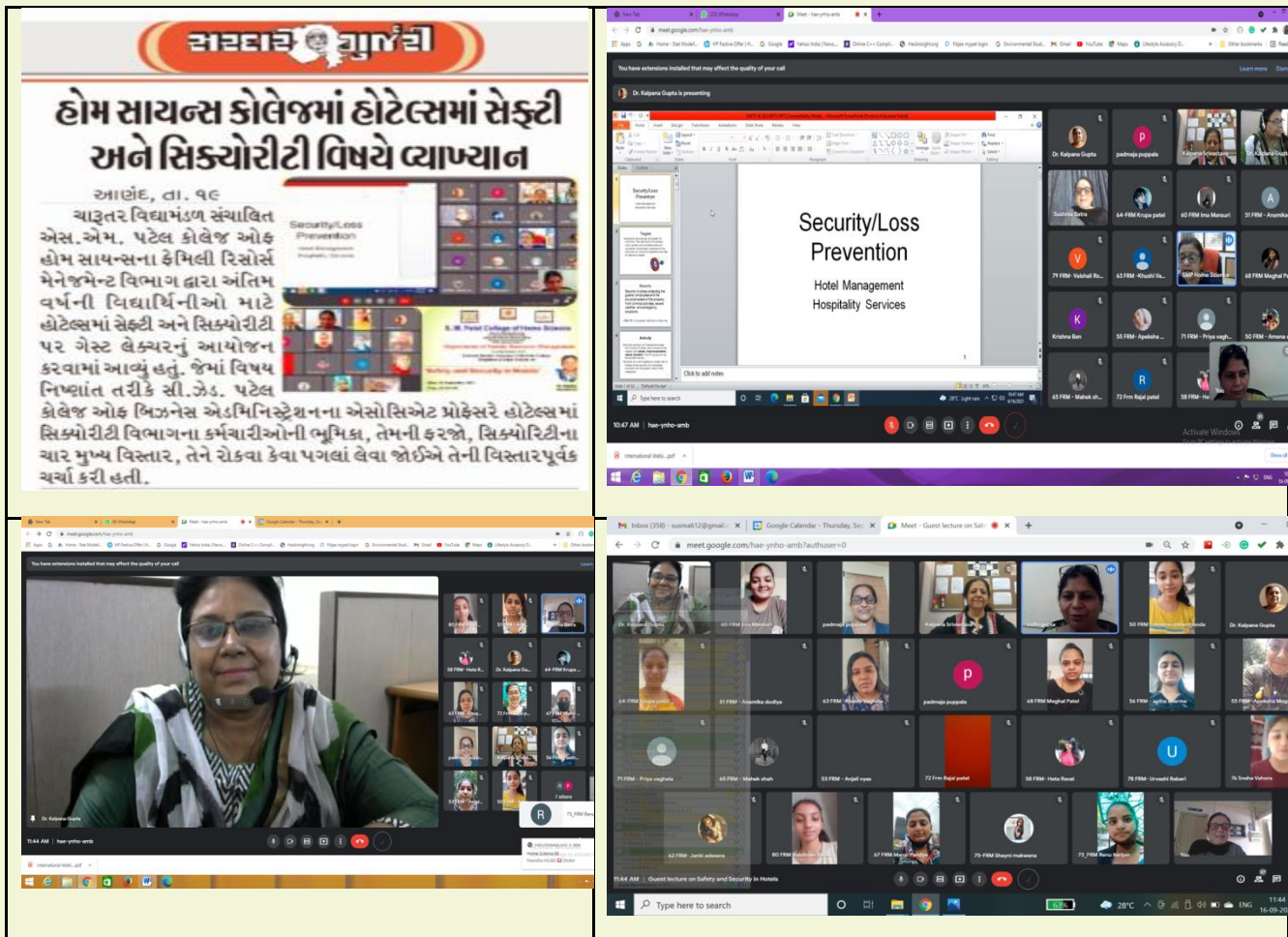


This screenshot shows a large grid of participants in a Zoom meeting. The meeting ID is "qr-bscx-uhe". The time is 12:14 PM. The participants' names are partially visible, including Dhanisha R., Sushma Bhatnagar, and others.



This screenshot shows a Zoom meeting with a presentation slide. The slide title is "To Create Wealth – Enhance Future Value" and features the STEP UP logo. The slide contains the formula $PV \times (1 + r)^n$ and three key messages: "The more you save, makes a difference", "The more you earn, makes a difference", and "The sooner you start, makes a difference".

6. The department has conducted a Guest Lecture by Dr. Kalpana Gupta, Assistant Professor CZPCBM College on “Safety and Security in Hotels” on 16th September 2021. The subject expert discussed with the students’ different type of security system used by the hotels for the security of the guest, staff, equipment and the property. She talked about the attributes and role of a security personnel in the hospitality industry. Dr. Kalpana also emphasized the preventive measures while dealing with the emergencies.



7. The **World Tourism Day** 27 September 2021, was celebrated in the Family Resource Management Department of S M Patel College of Home Science. On this occasion, a quiz contest on World Tourism was organized by the Tourism Club of the department. A total of 30 teams took part in this World Tourism Quiz competition, from which five teams reached the last round. The participants were from F.Y., S.Y. and T.Y. of all the departments the college.

The first two rounds were of written quiz and elimination rounds. The final round consisted of three different rounds: General Round, Rapid Fire Round and Buzzer Round. In the final round the quiz questions were about pictures of famous monuments / dances / beaches etc. from different countries and states of the world. In the final round there was a tie between two teams so the tiebreaker quiz, which was an audio clip, was asked to decide the winners.

The program was coordinated and organized by the teacher in-charge of Tourism Club Ms. Kalpana Srivastava with the cooperation of department teachers. In the final round the presence of the principal of the college Dr Bhavana Chauhan, teachers and many students in the audience motivated the participants.

The winners of the World Tourism Quiz contest were:

- | | | |
|--------------------------------------|--------------|--------------|
| ➤ Esha Pandya and Nupur Patel | T.Y. [F.N.] | 1st Position |
| ➤ Nidhi Shah and Gayatri Dave | F.Y. | 2nd Position |
| ➤ Janaki Aadesara and Apeksha Mogera | T.Y. [F.R.M] | 3rd Position |



8. Consumer Week Celebration: the consumer week was celebrated in dept from 24 Dec - 30th Dec 2021. Number of activities Digital poster making competition., Best out of waste competition., Folder/leaflet making competition., Quiz, Dumb charades game based on consumer rights and responsibilities like were carried out by staff and students of the department to disseminate information about being a wise consumer.

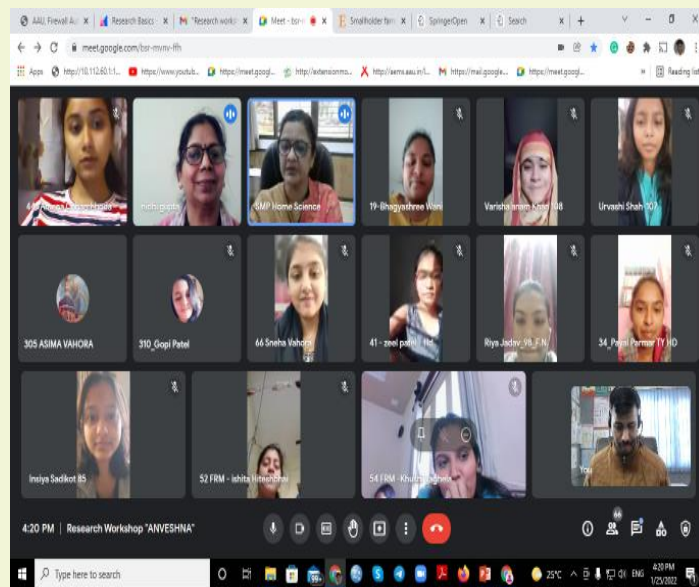


9. Research Seminar: ANVESHANA: A research workshop was organized by the Research committee of the S. M. Patel College of Home Science (a CVM institute) “Anveshana: Research Basics” for final year students of our college. The subject expert for the **research workshop** was Dr. H. M Vinaya Kumar, Assistant Professor in B. A. College Agriculture, a renowned researcher from Anand Agricultural University, Anand. The **research workshop** was an innovative effort to make students understand the complications of research by giving them simple examples from day today life relevant to Home Science. The present workshop was organized by Dr. Nidhi Gupta (convener of the research committee) under the able guidance of principal Dr. Bhavana Chauhan on 25th January 2022. 97 students of third year enthusiastically participated in the workshop by working in group on different research topics.

S. M. Patel College of Home Science
A Charutar Vidya Mandal Institute
Reaccredited by NAAC
College with Potential for Excellence (CPE-II)
Affiliated to Sardar Patel University, Vallabh Vidyanagar

Organizes
Online Research workshop on
“Anveshana Research Basics”
25th January 2022 at 11:00 am - 4:00 pm
in association with
Internal Quality Assurance Cell of the College

Participation: T.Y.Bsc Students and Faculties
Google Meet Link: <https://meet.google.com/bar-mvmy-fjh>



A screenshot of a Google Meet session where a presentation slide is being shared. The slide is titled "Food Insecurity" and discusses its impact on health and nutrition. The meeting controls at the bottom show the time as 16:30 on 23/01/2022.

એસ.એમ.પટેલ કોલેજ ઓફ હોમ સાયન્સ દ્વારા સંશોધન કાર્યશાળા યોજાઈ

આણંદ, તા. 30
એસ.એમ.પટેલ કોલેજ ઓફ હોમ સાયન્સની સંશોધન સમિતિ દ્વારા કોલેજના અંતિમ વર્ષના વિદ્યાર્થીઓ માટે 'અન્વેષણ: સંશોધન મૂળભૂત' એક સંશોધન કાર્યશાળાનું તાજેતરમાં આયોજન કરવામાં આવ્યું હતું. સંશોધન કાર્યશાળાના વિષય નિષ્ણાત તરીકે ડૉ. એચ.એમ.વિનય કુમાર, બી.એ. કોલેજ એગ્રીકલ્ચરના આસિસ્ટન્ટ પ્રોફેસર, આણંદ કૃષિ યુનિવર્સિટી, આણંદના સંશોધક અન્વેષણ : સંશોધન બેઠક ઉપસ્થિત રહ્યા હતાં. આચાર્ય ડૉ. ભાવના ચૌહાણના માર્ગદર્શન હેઠળ વિવિધ સંશોધન વિષયો પર ડૉ. નિધિ ગુપ્તા (સંશોધન સમિતિના વર્ષના ૯૭ વિદ્યાર્થીઓએ ભાગ લીધો) દ્વારા વર્તમાન વર્કશોપ હતો.

વાહનમાં કિંમતી સામાન ન રાખો

વાહનોમાંથી ચીજવસ્તુઓનો ચો અટકાવવા કિંમતી સામાન સાથેના તમારા વાહનને ગમે ત્યાં કરશો નહીં. ડ્રાઇવર રાખતા હો તો વાહન સાથે જ હાજર રાખશો.

10. The CREATIVE EXPRESSION CLUB of the Family Resource Management Department had organised a competition of **'FRESH FLOWER ARRANGEMENT'** on 05/01/2022. There were 29 teams who had registered for the competition but 22 teams actually participated in the competition. The participants were from all majors of F.Y. / S.Y and T.Y. B.Sc. (Home Science). Students were asked to bring their own flowering material for the competition. The department had provided them with different types of vases. Each team was given the specific space according to their code number. The participants were given 1.5 hrs. for the competition. The students were quite excited and enthusiastic as arranging flowers is a kind of an art where one can show their creativity. The competition was organized by the club in charge Ms. Kalpana Srivastava.

The judges for the competition were Ms. Sushma Batra and Ms. Daxa Sharma. Principal Dr. Bhavana Chauhan and other teachers of the department motivated and appreciated the participants. The winners were:

Aditi Vaviya & Vidhi patel	T.Y. (FSQC)	1st Position
Malvi Patel & Mansi Pandya	T.Y. (FRM)	2nd Position
Dimple Chandak & Krishna Mistry	F.Y.	3rd Position
Nidhi B. Shah & Gayatri Dave	F.Y.	Consolation Prize
Vaishnvi Rabari & Anjali Vyas	T.Y. (FRM)	Consolation Prize



11. The CREATIVE EXPRESSION CLUB of the Family Resource Management Department had organised a workshop on Resin art Second year and third year students of the department and students of interior design certificate course. 45 students actively worked in groups and learn the art by Ms. Hiral Shah a resin artist by profession. Various articles like wall clock, pendants , key chain were made by the students.



12. **Parent-teacher meeting:** On March 23, 22, A parent-teacher meeting was held at the Family Resource Management Department at S.M. Patel College of Home Science

Vallabh Vidyanagar to discuss job opportunities in FRM with the parents of second- and third-year students.

The meeting was organized by Dr. Nidhi Gupta and Ms. Kalpana Srivastava under the guidance of principal of the college Dr. Bhavana Chauhan. It was enthusiastically attended by 58 parents. There was a great interaction between teacher and parents for their ward's development where they discussed both strengths and areas of improvement. The Ex-in charge of the Department Dr. Devika Thakkar was guest speaker where she discussed in length about becoming entrepreneurs in various fields. The progress report was shown to the guardians and their suggestions were recorded.

