

**Annual Report**

**Department of Family Resource Management**

**(2015-2016)**

## International Conference:

Family Resource Management department of the college organized an **International Conference on 'Sustainable strategies for Waste Management'** on **24<sup>th</sup> and 25<sup>th</sup> of July 2015**. The municipality personal of Anand and Vidyanagar were also involved to achieve the objectives of sustainability and to set up a platform for exchanging information related to strategic thinking and planning among waste-management experts from various regions. This could sensitize and promote the advanced waste-management practices in the future generations.

The chief guest of the inauguration function Dr. Sanjiv Tyagi, Director of Gujarat Environment Management Institute (GEMI), a graduate from IIT, Delhi in Civil Engineering, talked about the new technologies and how technology helps in reduction of waste and his key note address was on **"Let's not waste "WASTE"**. The research papers from 27 different institutes were invited and they are categorized into three groups and parallel session was arranged for presenting the papers.



Few of the sustainable solutions that come up from this two days conference with lot of churning from experts are waste management is the collective responsibility of all, mindset and in lifestyle changes are necessary, waste should be converted to energy/wealth involving Innovative ways, pillarization of biomass and traditional wisdom need to be revived.



The department also published proceedings of the International Conference on ‘Sustainable strategies for Waste Management’ in International Journal ‘Research Matrix’.

- **Research projects and intervention programmes:**
- The department conducted an Intervention programme on ‘Ergonomical Choices for Energizing Women working under MGNREGA’ for ten days in Trambavad Village in Anand Dist., under UGC Major Research Project on **12<sup>th</sup> to 20<sup>th</sup> Dec.2015**. The project was carried out in Anand, Sojitra and Petlad with an objective to understand women’s activities in rural areas under MGNREGS and their ergonomic implications and to identify the areas where maximum ergonomic interventions are required for rural women workers.
- Standardized modules were developed in the form of a manual for the purpose of the intervention programme and the impact of the training was analysed. The post intervention feedback was opted and discussed with the group which was satisfactory and well appreciated.



The participants were trained the proper methods of lifting loads from the ground level and importance of maintaining correct posture while working.



The women also learnt how to select proper tools according to their anthropometric measurements which helps them in maintaining correct postures and reduce fatigue levels.





- The department also conducted another intervention programme for home makers on **‘Managing Household Waste’** in Vallabh Vidyanagar on **21<sup>st</sup> to 26<sup>th</sup> March 2016**, under Research Project ‘



### **Ph.D. Programme:**

The Family Resource Management department of the college is running PhD programme since 2013 and four students were enrolled in the programme.

The titles of the researches are:

- Assessing Knowledge, Attitude and Practices of Homemakers and Strengthening their Role in Sustainable Waste Management.
- Ergonomical Choices for Improving the Quality of Work-Life among rural woman working under Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGs).
- An in-depth Analysis of the Potentials of Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGs) in Bringing Socio-Economic Empowerment of Rural Women in Anand District.
- Ergonomic Assessment and Extent of Satisfaction of the Homemakers with respect to their Modular Kitchen.

### **Workshops:**

A two days' workshop on Capability Building Workshop Organized by Department of Family Resource Management and Textiles and Clothing Department on 9th – 10<sup>th</sup> Jan 2016 for women and adolescent girls under CPE grant. The workshop included lectures and skill based training by experts. The participants were trained in using correct posture while working to reduce the fatigue and also work simplification techniques. Participants were imparted knowledge on Know your Fabric.



-





The purpose of second session was to create awareness in the participants about importance of budget making and saving followed by training on developing design, making of screen and screen printing on fabrics. Each participant prepared a sample of screen printing on fabric measuring 18\*18 inches.





- A workshop on AutoCAD by Mr. Vinit Modi was conducted in the Interiors Lab of the department for FRM students on 21<sup>st</sup>& 22<sup>nd</sup> August, 2015.
- Mr. Sameer Patel, an entrepreneur conducted a workshop on ‘Screen Printing’ on 18<sup>th</sup>& 19<sup>th</sup> of Jan, 2016 for workers of Aanganwadi training Centre, VallabhVidyanagar.
- Another workshop on ‘3 D AutoCAD drawing’ was organized for Third Year FRM students on 16<sup>th</sup>& 17<sup>th</sup> of February 2016, by an expert Mr. Vipesh Patel.
- A workshop was arranged to enhance the creativity of the Interior students and second year FRM students by preparing various types of accessories in the Art and Design Lab of the FRM department by Ms. Mukti Mistry.

#### **Demonstrations:**

- A demonstration on ‘Multipurpose cutter’ was organized in the Interiors Lab of the college for second year and third year students of FRM department on 6<sup>th</sup> of July, 2015.
- ‘‘Use of Coral Draw’ was introduced to the Interior students with the purpose of adopting new technology in Interior projects from 23<sup>rd</sup> of August to 2<sup>nd</sup> of September, 2015.
- A demonstration of ‘Multimeter’ was organised for second and third year students of FRM department on 20<sup>th</sup> Oct, 2015.
- A competition of Napkin folding and Menu card making was conducted for the students of the college on 20<sup>th</sup> of August, 2015.



### **Talks by Experts:**

- Ms. Arundhati was invited to deliver a talk on 'Interpersonal Communication Skills' to all the third year students of the college on 4<sup>th</sup> of January, 2016.
- A guest lecture was arranged to prepare the students to face Interviews confidently through an inspiring talk by Ms. Shamsha Emanuel on 28<sup>th</sup> of January, 2016.
- A lecture on 'You – An Entrepreneur' was conducted for the third year students of the FRM department by a Professor, Dr. Raju Rathod, MBA department of S.P. University.

### **Visits of the department:**

- The students of the Interiors accompanied by the faculty visited residential and commercial buildings of the Anand and Vallabh Vidyanagar.
- A visit to 'Clay Art' was organised to introduce and expose the T.Y. students & Interior students to various ideas and to motivate them to encourage entrepreneurship.
- T.Y & S.Y students visited SMAID College, New Vallabh Vidyanagar on 27<sup>th</sup> of January, 2016, to have a first-hand experience in Interiors and Exteriors through different media.
- An Environment educational tour was organized for the first year students of the college to Sardar Sarovar Dam which is located on Narmada River near Kevadia in Gujarat on 30<sup>th</sup> August, 2016.

### **Celebrations:**

- Along with celebrating important National Days, the FRM department celebrates 'National Consumer Week' from **24<sup>th</sup> to 30<sup>th</sup> Dec.** every year.

Inaugural function was organised at Jagrut Mahila Sangathan, Anand by Grahak Suraksha Mandal and the S.Y. and T.Y. FRM students participated enthusiastically in the programme. A talk on 'Consumer Protection - its rules and realities' was organized in the college along with a talk by Dr. Sanjay Sinha from Law College, Anand. On the same day 'Insight into Consumer Courts' by Mr. Keyur Adhvaryu for the awareness of the students was conducted. All FRM students participated in poster making on 28<sup>th</sup> December on various aspects of Consumer Education.



The Programmes concluded on 30<sup>th</sup> of December with a radio talk on 'Consumer Awareness' along with a role play by the FRM students in the Community Radio Center, V.V.Nagar.

An Exhibition was organised by the FRM students to showcase their skills in preparing various articles on 12<sup>th</sup> of February, 2016, in the Art and Design laboratory.

### **Parent –Teacher Meet**

- The department conducted Teacher - Parent meeting for the second year students to discuss the student's development on **19<sup>th</sup> of January, 2016.**

