Annual Report 2019- -20

# Department of Foods and Nutrition

# S. M. Patel College of Home Science

A CHARUTAR VIDYA MANDAL INSTITUTE
ACCREDITED BY NAAC
COLLEGE WITH POTENTIAL FOR EXCELLENCE (CPE-II)
AFFILIATED TO SARDAR PATEL UNIVERSITY
VALLABH VIDYANAGAR

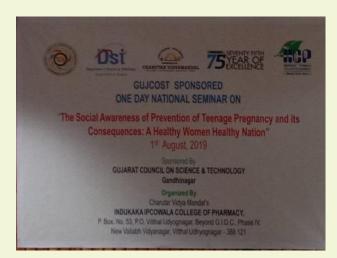
## 2019-20

#### INTERNATIONAL BREAST FEEDING WEEK

The Department of Foods and Nutrition celebrate International Breast Feeding Week for promoting and give emphasize on the value of breastfeeding for mothers as well as children which is being held every year from 1 to 7 August.

On the occasion of international breast feeding week 1-7 august various activities were conducted in which display and exhibition of poster was done for whole week second year students and faculty Ms. Vijiya Agrawal was the convener for the same.

On 1<sup>st</sup> august 2019 ,Participation in seminar by TY (FN and FSQC) students organised by IPCOWALA Pharmacy college New V.V.Nagar – on "The social Awareness of Prevention of Teenage Pregnancy and its consequences:A Healthy women healthy Nation" N. V. Patel Auditorium convener Ms. Shazia Sharma





On 2<sup>nd</sup> august 2019, Treasure hunt competition was organized by TY (FSQC) Students and Faculty Incharge Ms. Shazia Sharma for all college students of S. M. Patel College of home science.





On 3<sup>rd</sup> august 2019, A Lecture by Dr. Shailaja Mhaskar Vapi-stake holder (Parent) On "Breast Feeding" was conducted at S.M Patel Collage of home Science for T.Y.B.Sc (FN and F.S.Q.C) students, faculty in charge was Ms. Minal Chauhan.





On 6<sup>th</sup> August 2019, Expert talk was taken by Ms. Vijaya Agrawal and distribution of Nurtribar using lactogouges for beneficiaries of anganwadies was done at Sangodpura Angwadi centre in collabration with Maternal and Child Centre Rotary Milk City Anand, the convener of the program was Ms. Shazia Sharma and in charge for Nutribar was Ms Minal Chauhan.



On 6<sup>th</sup> august 2019, Expert talks by Ms. Minal Chauhan. was organized for Anganwadi worker on the topic "physiology of milk and physiological factors affecting milk secretion" at S.M.Patel college of Home Science Angwadi centre in collbration with AWTC.



On 31<sup>st</sup> August 2019, Recipe competition was organized with the collaboration with Nestle on "Healthy breakfast" at S. M. Patel College of home science. In which 40 schools of Anand district participated (104 students plus 14 teachers) and faculty Ms. Vijiya Agrawal was the convener for the same.



### **NUTRITION WEEK**

On the occasion of nutrition week 1-7 September various activities were conducted in which display and exhibition of poster was done for whole week second year students and faculty Ms.Vijiya Agrawal was the convener for the same.

On 1<sup>st</sup> September 2019, Interaction of Alumni of S. M. Patel College of Home Science was done with students (FN students & FY B.Sc) and faculty Ms.Vijiya Agrawal was the convener for the same.

On 2<sup>nd</sup> September 2019, final round of Recipe competition was organized with the collaboration with Nestle on "Healthy breakfast" at S. M. Patel College of home science. In which 45 students of Anand district participated and faculty Ms.Vijiya Agrawal was the convener for the same.





On 2<sup>nd</sup> September 2019, Training workshop for balwadi teachers enrolled in sewa balwadi was organized for updating their knowledge at S. M. Patel College of home science. Ms.Tanvi Makwana was the convener for the same.



On 18<sup>th</sup> September 2019, Workshop was organized by In body Academia on the topic "Body mass Index" at S. M. Patel College of home science for T.Y.B.Sc (FN and F.S.Q.C) students, faculty in charge was MsMinal Chauhan.

On 19<sup>th</sup> and 20<sup>th</sup> September 2019, FSMS: Auditing system and Process was conducted at S. M. Patel College Of home Science for T.Y.B.Sc (FN and F.S.Q.C) students, faculty in charge was Ms. Shazia Sharma.





On 24<sup>th</sup> September 2019, Rally was organized by Department of Food and Nutrition department of S. M. Patel College of home science as a part of Poshan Mass at Mota bazar, Vallabh Vidyanagar, all students of college participated, faculty in charge was Ms Vijaya Agrawal and Ms.Minal Chauhan.





On 29<sup>Th</sup> Sept 2019, Certification program on "Body Composition Analysis in metabolic syndrome" organized by in body academia in collaboration with "Diacon" in which students from Sy & TY (FN& FSQC) took part.





On December 20-21,2019 the students and faculty of Foods and Nutrition department attended 52 Annual National Conference of Indian Dietetic Association at Ahmedabad as a part of co-curricular activities.





As a part of Dietetics day celebrated on 10<sup>th</sup> January 2020 the department organized a lecture on "Nutrition in Liver diseases" By Ms. Jigna Patel clinical dietitian SK Hospital Karamsad for our TY FN and FSQC students. The faculty in-charge was Ms. Shazia Sharma.





On 4<sup>th</sup> of February 2020, Workshop was conducted on "Cakes & Bakes" for T.Y.B.Sc (FN) students. The faculty for the same was Ms. Geetanjali Chettri Ahmed – An Entrepreneur from Kalimpong District Darjeeling, West Bengal. The faculty In-charge was Ms. Vijaya Agarwal.



