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VOICE

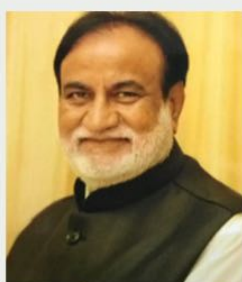
The e-newsletter

S. M. PATEL COLLEGE OF HOME SCIENCE

(A CHARUTAR VIDYA MANDAL INSTITUTE)

NAAC REACCREDITED B++

AFFILIATED WITH SARDAR PATEL UNIVERSITY
VALLABH VIDYANAGAR- GUJARAT



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Chairman, CVM
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**"KNOWLEDGE IS POWER.
INFORMATION IS LIBERATING.
EDUCATION IS THE PREMISE OF PROGRES, IN
EVERY SOCIETY , IN EVERY FAMILY."**

-KOFI ANNAN

51ST ANNUAL FUNCTION OF THE COLLEGE



The 51st Annual Function of the S.M. Patel College of Home Science was held on 29th of March 2022. Shri Ramesh Talati, the Hon. Joint Secretary, of CVM, presided over the function and Dr. Bina Vyas, the President of the International Inner Wheel Club, was the Chief Guest. The General Secretary of the Student's Council Ms. Ameena Chharchoda also graced the function. The meritorious students were awarded medals by the guests for their outstanding achievement. The teaching and non-teaching staff, who retired from the college after their long services, was also felicitated with shawls and gifts. On the occasion of the 51st anniversary celebrations of the college, the teaching and non-teaching staffs, who have been dedicatedly serving the institution for the past 25 years, were felicitated with gifts as a token of appreciation.

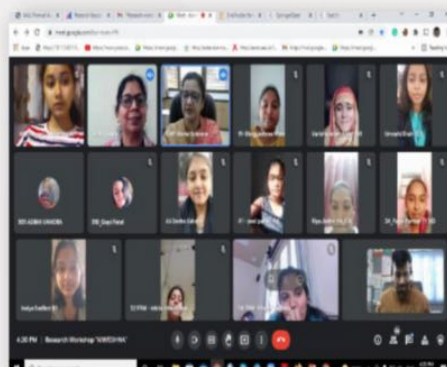


ANNUAL SPORTS DAY



The 51st Annual Sports Day of the S M Patel College of Home Science was held at Shashtri Maidan. Shri Mehulbhai Patel, Hon. Joint Secretary of CVM, graced the function as the Chief Guest. Nearly 240 students enthusiastically participated in various events like high jump, sack race, 100 mt. and 200 mt. race, javelin throw, discus throw, etc. The program was conducted by Mr Ranjit Bhagora, the physical instructor. All the teaching and non-teaching staff was present to motivate the students.

ANVESHANA



The Research committee of the College organized a workshop "ANVESHANA: Research Basics" for final year students of our college on 25th January 2022. The subject expert for the research workshop was Dr. H. M Vinaya Kumar, Assistant Professor in B. A. College Agriculture, a renowned researcher from Anand Agricultural University, Anand. The research workshop was an innovative effort to make students understand the complications of research by giving them simple examples from day today life relevant to Home Science. The present workshop was organized by Dr. Nidhi Gupta, the convenor of the committee. 97 students of third year enthusiastically participated in the workshop and worked in group on different research topics.

PRIDE OF S. M. PATEL COLLEGE OF HOME SCIENCE



It was indeed the matter of pride for the S.M. Patel College of Home Science as an alma mater of Ms Komal Macchi, as she received a Silver Medal for her brilliant performance at the Asian Thigh Boxing Championship 2021 held at Hyderabad.

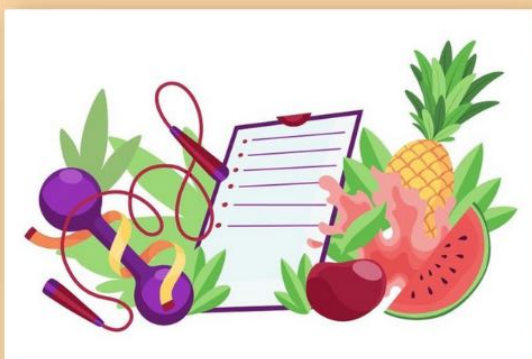
PARENT- TEACHER MEETING

On March 23, 2022, a Parent-Teacher meeting was organized to deliberate on the academic performance of their wards. Parents of second- and third-year students were invited at the institute. The institute's in-house activities during the academic year 2021-22, as well as various fields of higher progression, entrepreneurship, and job opportunities after completion of an undergraduate programme in Home Science with specific major subjects were also talked about in the meeting. The meeting was chaired by the Principal Dr Bhavana Chauhan.

DIABETES DAY

The Foods and Nutrition department celebrated World Diabetes Day in which Memes were prepared to spread awareness for the community under the leadership of Ms. Vijaya Agarwal, the club in charge. Students took part for the same. A chart making competition on "Diabetes" was organised for third year B.Sc. students on 13th January 2022, where 56 students actively participated for the same.

Faculty Development Program-SPORTS NUTRITION



A Six Day National Level Faculty Development Program on "Sports Nutrition" in collaboration with Association of Sports, Nutrition and Fitness Sciences (ASNFS), Mumbai, was organised from 28th of February to 6th March 2022. Experts for the session were Dr. Meena Godhia; the Vice president of ASNFS, former Associate Professor, Food Nutrition and Dietetics, SVT College of Home Science, Mumbai gave a speech on Basic Concept of Sports, Exercise and Energy System. Dr. Rupali SenGupta, Asst. Professor & Course Coordinator P.G. Diploma in Sports Nutrition, BMN College of Home Science, and Mumbai delivered a talk on Macronutrients and Exercise. Dr. Subhadra Mandalika, Sr. Vice President, Associate Professor, College of Home Science, Nirmala Niketan spoke on Micronutrients and Exercise. Ms. Susmita Jyotsi, Regional Director, Sports Authority of India, Mumbai, spoke on Water and Electrolyte strategies use of sports drink. Dr. Geetanjali Bhide, Secretary ASNFS, Sports Nutritionist-Army Rowing Node, Founder Nutritionist, Sports Institute, Curator Sports and Rehabilitation, Mumbai, spoke on Nutrition Assessment of Athletes, Nutrition Challenges observed in different Sports and Nutritional Ergogenic Aids. Nearly 58 people from all walks of life participated for the same. The Convenor and Coordinator of the FDP was Ms Vijaya Agarwal and Dr Bhavana Chauhan respectively. Ms Shazia Sharma, the in charge of the department also contributed in the workshop.

CONSUMER WEEK CELEBRATION



The Consumer Week was celebrated in department from 24 Dec - 30th Dec 2021. The activities such as Digital Poster Making Competition, Best out of Waste Competition, Folder/Leaflet Making Competition, Quiz, Dumb Charades game based on consumer rights and responsibilities, awareness regarding faulty weights & Measures were carried out by the staff and students of the department, to disseminate information about being a wise consumer. All the teachers of the department were part of the Consumer Week Celebration.

FRESH FLOWER ARRANGEMENT



The Creative Expression Club of the Family Resource Management Department had organised a competition of 'Fresh Flower Arrangement' on 05/01/2022, where 22 teams participated. The participants were from all majors of F.Y., S.Y and T.Y. B.Sc. Students were asked to bring their own flowering material for the competition. The department had provided them with different types of vases. Each team was given the specific space according to their code numbers. The students were quite excited and enthusiastic as arranging flowers is a kind of an art where one can show their creativity. The competition was organized by the club in charge Ms. Kalpana Srivastava.

RESIN ART WORKSHOP



The Creative Expression Club of the Family Resource Management Department had organised a workshop on Resin Art. 45 students of Second- and third-year students of the department and students of Interior Design Certificate Course took active part in the workshop. They worked in groups and learnt the art. The expert of the workshop was Ms. Hiral Shah, a resin artist by profession. Various articles like wall clock, pendants, and key chains were prepared by the students. The workshop was organized by Dr Nidhi Gupta.

VISIT TO READYMADE GARMENT MANUFACTURING UNIT



The students of Textiles and Clothing Department visited the "Mimansha Industry (Rhino)" in Vitthal Udhyog Nagar, on January 6, 2022. This visit gave the insight about the Readymade Garment Production line, which also included different sewing machines, cutting machines, grading, marking, how to stitch, along with the selling department of respective unit. Ms. Rashmi Kothari guided our students on their options available for higher education, especially after graduation. A total of 42 students discussed the opportunities in the Textile and Clothing field. She also discussed about the student internship opportunities and obstacles they come across. Ms. Kothari responded to all questions meticulously and suggested students as how to start a business or seek first job. Dr Poonam Oza and Ms Megha Purohit undertook the project.

EXHIBITION VISIT



The Textiles and Clothing Department students from Second and Third year visited an exhibition on "National Handloom and Handicrafts", at Anand on January 6, 2022. The goal of the visit was to show and enlighten the students about various Indian traditional textiles and embroideries such as the Kashmir shawl, the Single Ikkat of Orissa, and Chikankari, etc. The students were also introduced about Indian handloom weaving products. Dr Poonam Oza planned and executed the visit.

COMPETITION ON "ACCESSORIES DESIGNING FOR CUBICLE DESK"



The Textiles and Clothing Department organised a competition "Accessories Designing for Cubicle Desk" for students to enhance hands-on experience with Cubicle Desk product development and business opportunities. Nineteen students participated and prepared various products for the workplace using textile fabrics. The competition was organized by Dr Poonam Oza and Ms Megha Purohit.

WORLD DISABILITY DAY

On 10 December 2021 the World Disability Day was celebrated by the Human Development Department where a Slogan Competition was organised by Dr Mittal Barot, the In charge of the department. 34 students from S.Y. and T.Y. HD participated in the competition.

WORLD HUMAN RIGHTS DAY

On the occasion of World Human Rights Day, a poster competition was organised, by Dr Mittal Barot, on 10 December 2021 by Human Development Department. 36 students of S.Y. and TY HD department participated in it.

EDUCATIONAL VISIT



On 27th December 2021 an educational visit to Mitra Rehabilitation Centre was organised by Dr. Mittal Barot, Human Development Department. S.Y. and T.Y. students of the HD department joined for the visit. The Director of the centre, Ms. Suvarna Kadam and the Principal, Ms Pratibha Puranik guided the students. Students visited different places such as Therapy Room where they were talked about different therapies and an Individualized Education Program Room for mentally challenged children where education is given to mentally challenged children. Students also visited Vocational Training Workshop.

BOOK GIVING DAY



Every year on 14th February, International Book Giving Day strives to reach one goal and this goal is to get books into the hands of as many children as possible. Under the leadership of Dr. Mittal Barot, of Human Development Department, the final year students went to the community to distribute books to the children of rural areas.

CONGRATULATIONS



Dr. Minal Chauhan

Congratulations on your doctorate.

The topic of her doctorate was "Development of Functional Foods for the Prevention of Osteoporosis"

