## Institution Distinctiveness

Community service is an unpaid work performed by a person or group of people for the benefit and betterment of their community without any form of compensation. Our college has included community service as a part of curriculum where the students learn leadership development as well as traditional information and skill is also learnt and passed on to the needy section in community. This is a form of experiential learning aimed at enhancing and enriching student learning their courses. Basically, we aim small changes through actions.

Though we could not do community service due to the pandemic and online classes still we were able to conduct certain programmes online and offline to create awareness regarding the disease and how to stay safe and healthy.

During the pandemic it was observed that elderly people were the most affected as they being vulnerable were not allowed to go out their mental status was also not good so the Foods and Nutrition department organised a webinar in collaboration with Indian dietetic association on the topic health of elderly during covid 19 on may 26 2020 to sensitize the young generation to the problems faced and how they can help to solve them. The faculty was Dr. Samir Patel, Professor, department of Psychology who gave insight on mental health of elderly how to tackle them. The second faculty Dr. Komal Chauhan stressed on traditional foods and covid - 19 specially for elderly.

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