



Charutar Vidya Mandal's

# S. M. PATEL COLLEGE OF HOME SCIENCE

(An Autonomous Institution)

Affiliated with Sardar Patel University

Reaccredited NAAC B++ (2.99), College with Potential for Excellence (CPE-II) Implemented NEP 2020

FAMILY RESOURCE MANAGEMENT = FOODS, NUTRITION AND DIETETICS = HUMAN DEVELOPMENT AND FAMILY STUDIES = TEXTILE AND CLOTHING

M. SC. PUBLIC HEALTH NUTRITION = M. SC. RESOURCE MANAGEMENT AND DESIGN APPLICATION

PRINCIPAL : DR. BHAVANA Y. CHAUHAN

Date :

Ref.No.SMP/

## National Task Force

### National Tele Mental Health Programme of India: Ministry of Health And Family Welfare

**Tele Manas** : This is a 24/7 toll-free helpline from the Ministry of Health & Family Welfare, providing free tele-mental health services across India, including to those in isolated or underserved locations.

**Help line No. 14416**

**1-800 891 4416**

| Sr.No. | Name                                        | Mobile No.  |
|--------|---------------------------------------------|-------------|
| 1.     | Referral Hospital Dr. Shavan                | 9898049594  |
| 2.     | Dr. Samir Patel, Psychologist<br>Counsellor | 9825025994  |
| 3.     | Dr. Mahmadrifi G. Mansuri,<br>Psychologist  | 94299 58820 |

### S.M.Patel College Website

**Women Cell:** <http://www.smphomescience.edu.in/wcell.php>

**Anti-Ragging Cell:** <http://www.smphomescience.edu.in/wcell.php>

**Cast Discrimination Cell –Equal Opportunity Cell:**

[http://www.smphomescience.edu.in/Equal\\_Opportunity\\_SCST\\_Cell.php](http://www.smphomescience.edu.in/Equal_Opportunity_SCST_Cell.php)

**Internal Complaint Cell:** <http://www.smphomescience.edu.in/iccell.php>

**Grievances Redressal Cell:** <http://www.smphomescience.edu.in/iccell.php>

**National Suicide Prevention Strategy Guidelines:**

<https://cdnbbsr.s3waas.gov.in/s3bc88bb2c377261b0336312714b96fcfd/uploads/2025/04/20250507983470082.pdf>

*B. Chauhan*  
24/9/25  
PRINCIPAL  
S. M. PATEL COLLEGE OF  
HOME SCIENCE  
V. V. NAGAR-388120

**Tele Mental Health Assistance and Networking Across States**

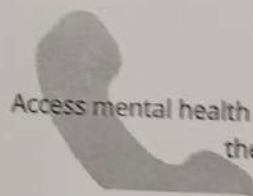
Dr. Narendra Modi, Prime Minister of India  
Dr. J.P. Nanda, Union Minister of Health and Family Welfare, Government of India  
Dr. Anupama Patel, Joint Secretary of Health and Family Welfare, Government of India  
Dr. Pratigya Gangotri Dahiya, Union Minister of Health and Family Welfare, Government of India

Tele MANAS is a comprehensive mental health care service

Dial the Toll-Free numbers below to get in touch with our Counsellor



14416 OR



Access mental health resources and support through the Mobile App

4416

Get it on Google Play

OR



Get it on App Store

14416

14416

OR

1-800 891 4416

1-800 891 4416

**MANOASHRAYA**

Dashboard on Rehabilitation Homes(RH)/ Halfway Homes(HH) in the country

*Pratibha*

Principal  
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